You have options for your health care. Choose the right care, at the right place, at the right time, for the right cost.

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First try to contact your primary care physician (PCP) office. Your PCP office will direct you to the type of care that's most appropriate for you.

Your PCP better understands your health and has your records readily available.

Seeing your personal physician can result in overall better care at lower cost.

Typical office visits:

Cold, flu, bronchitis or cough

Aches, pains or headaches

Pink eye

Fever or sore throat

Rash

Ear ache or hearing loss

Allergies

Sunburn or minor burns

Stomach pain, diarrhea, rectal bleeding or constinution

Urinary tract infection or blood in urine

Sprains or strains

Minor infections

Yearly exams

General medical advice

Chronic condition management (diabetes, high blood pressure, heart failure, and high cholesterol)

Lab tests

Referrals to specialists

Vaccinations

Urgent Care

Most problems listed below can be handled in your PCP office. If your doctor is not available, you may choose to visit an immediate or urgent care center, or wait until your doctor is available when appropriate. Always try to contact your primary care physician first.

Urgent care is for conditions that require prompt medical attention but are not severe or life-threatening and do not require use of a hospital or emergency room.

Typical urgent care visits:

Radiology services (available at all four AultmanNow Urgent Care locations)

Sprains or strains

Foreign objects in the eye

Cuts requiring stitches

Rapid test for flu or strep throat

Fingerstick to check sugar levels

Minor infections

Emergency Room

Emergency care is necessary when a person has an unexpected onset of symptoms or a severe medical condition, accident, or illness that could place a person's health in jeopardy if not treated with immediate medical attention.

ERs staff a full medical team to treat a wide range of medical conditions that require on-site diagnostic tests, surgical suites, and 24/7 bedside care.

If your injury or illness is severe, don't hesitate to call 911 or get to the closest ER.

Typical ER visits:

Sudden or unexplained loss of consciousness

Severe shortness of breath

Chest pain

Signs of stroke (numbness or weakness in face, arm or leg, difficulty speaking, or sudden confusion)

Severe trauma

Severe burns

Deep cuts or bleeding that won't stop

Evaluation of urgent behavioral health needs

Please ask that the emergency department sends your primary care physician office copies of reports or records.

